

Available CASA In-Service Training Modules

Skills of Advocacy (*Recommended*)

1. Gathering Information: Understanding the CASA Role
2. Report Writing: The Essential Toolkit
3. Monitoring a Case
4. Trauma Informed Advocacy to Build Resiliency
5. General Educational Advocacy Toolkit
6. Families Strengthened by Protective & Promotive Factors (*Independent Study*)

Diversity, Equity, and Inclusion (*One Required Annually: National CASA Standard*):

1. 13th Documentary (*Independent Study*)
2. 1619 New York Times Podcast Series (*Independent Study*)
3. Addressing Disproportionality and Disparity: Better Outcomes for Children: (*National CASA training*)
4. Bridging the Gap (*Independent Study*)
5. Celebrating Differences (*Independent Study*)
6. Celebrating the Freedom to be Different
7. Culture of Foster Care
8. Cultural Awareness Part 1: What is Cultural Awareness? (*NCASA Webinar*) (*Independent Study*)
9. Cultural Awareness Part 2: Why is it Important to be Culturally Aware in Our Work (*NCASA Webinar*) (*Independent Study*)
10. Culturally Responsive Child Advocacy Part 1: History of Child Welfare (*NCASA Webinar*) (*Independent Study*)
11. Culturally Responsive Child Advocacy Part 2: The Current State and Climate of Foster Care System (*NCASA Webinar*) (*Independent Study*)
12. Culturally Responsive Child Advocacy Part 3; Understanding Racial Bias and the Impact on Families of Color (*NCASA Webinar*) (*Independent Study*)
13. Culturally Responsive Child Advocacy Part 4-Tips for Closing the Gap (*NCASA Webinar*) (*Independent Study*)
14. Disproportionality: 13th Documentary (*Independent Study*)
15. Equity Conversations: Financial Stability- Creating a Community of Belonging (*Independent Study*)
16. Equity Conversations: Health Equity- Creating a Community of Belonging (*Independent Study*)
17. Ethnic Identity: Advocating through the lens of cultural awareness
18. Inclusion Through a Different Lens (*Independent Study*)
19. Introduction to the Messaging Book- Speaking in One Voice (*Independent Study*)
20. Let's Talk Race
21. National CASA Book Club- Call your Local Coordinator for more information on current selection. (*Independent Study*)

22. Poverty- The Basics (*Independent Study*)
23. Poverty- The Impact on Children (*Independent Study*)
24. Race: Power of Illusion Episode One: The Difference Between Us
25. Race: Power of Illusion Episode Two: The Story We Tell
26. Race: Power of illusion Episode Three: The House We Live In
27. The Relationship Between Poverty and Child Welfare and the Role of Intervention Strategies (*National CASA Webinar*) (*Independent Study*)
28. Strengthening Families Using a Racial Equity Lens (*National CASA Webinar*) (*Independent Study*)
29. Understanding Racial Inequality (*National CASA Webinar*) (*Independent Study*)
30. Transgender Youth: Understanding Terms and Approaches (*Independent Study*)

Indian Child Welfare Act (ICWA) Related (DEI Titles):

31. Advocating for Indian Children: ICWA and the Role of CASA (*National CASA Webinar*) (*Independent Study*)
32. Children and Families of Tribal Nations: Effective Engagement with Tribes to Secure Best Outcomes- (Part 3 *NCASA Webinar*) (*Independent Study*)
33. Culture, Identity and Connection for Indigenous Families in non-Indigenous System- (*Part 1 NCASA Webinar*) (*Independent Study*)
34. ICWA Overview for CASAs
35. Understanding the Indian Child Welfare Act: Family, Community and Culture (*Part 2 NCASA Webinar*) (*Independent Study*)

LGBTQ Related (DEI Titles):

36. Advocating for LGBTQ Youth Inclusion -Part 1(*National CASA Webinar*) (*Independent Study*)
37. Advocating for LGBTQ Youth -Part 2 (*National CASA Webinar*) (*Independent Study*)
38. Advocating for LGBTQ Youth in Education-Part 3 (*National CASA Webinar*) (*Independent Study*)
39. Affirming Care Transgender and Gender Expressive Youth Advocacy (*Independent Study*)
40. Best Practice for Serving LGBTQ Youth in Out of Home Care (*Independent Study*)
41. Introduction to LGBTQ Cultural Competency (*Independent Study*)
42. LGBTQ Advocacy
43. Serving LGBTQ Youth in Residential and Out of Home Care (*Independent Study*)
44. Transgender Youth: Understanding Terms and Approaches (*Independent Study*)

Security Awareness (*ICAB Annual Requirement*)

Case Specific Topics

1. Adoption 101: Understanding the adoption process
2. Adoption in CINA Cases (*Independent Study*)

3. Blurry Lines: Boundaries and Confidentiality
4. CAMS Child Assessment Toolkit Review
5. Child Sexual Trauma *(Independent Study)*
6. Crossover Youth *(National CASA Training-Independent Study and In Person session)*
7. Dyslexia
8. Keeping Siblings Together
9. Kinship Navigator Program *(Independent Study)*
10. Parent Partners
11. Play Therapy *(Independent Study)*
12. Poverty-Impact of Poverty on Children *(Independent Study)*
13. Poverty the Basics *(Independent Study)*
14. Principles and Strategies for Working with Parents in Child Welfare
15. Recognizing and Responding to the Mental Health and Caregiver-Child Relationship Needs of Medically-Complex Foster Children *(National CASA Webinar) (Independent Study)*
16. Seven Habits of Highly Effective CASAs
17. Sibling Relationships in Child Welfare *(Independent Study)*
18. Solution Based Casework *(Independent Study)*
19. Strength Based Advocacy *(Independent Study)*
20. Supporting Families in Child Welfare with Parental Incarceration *(Independent Study)*
21. Testifying in Court
22. Testifying in Court 101 *(Independent Study)*
23. Testifying in Court 201
24. The Talking Wall: Listening to the Voices that Matter *(Independent Study)*
25. Understanding the Parent Partner Program *(Independent Study)*
26. Working with Incarcerated Parents *(Independent Study)*

Laws and the Courts

1. A Judge's Perspective
2. Advocating for Indian Children: ICWA and the Role of CASA (National CASA Webinar) *(Independent Study)*
3. Comfort in Court: (For New Advocates)
4. Family First Prevention Services Act: Introduction *(Independent Study)*
5. Family First and Congregate Care *(National CASA Training-Independent Study and In Person session)*
6. GAL Duties and Reporting: A Judicial Overview of 2022 Ia Code 232 changes *(Independent Study)*
7. Juvenile Court Hearings
8. Preventing Sex Trafficking and Strengthening Families Act (Public Law 113-183)
 - o APPLA and Transitioning Youth Public Law 113-183
 - o Human Trafficking Public Law 113-183

- Reasonable and Prudent Parenting Standard Public Law 113-183
- 9. Question of Balance
- 10. Subsidized Guardianship Program (*Independent Study*)
- 11. Supporting Families in Child Welfare with Parental Incarceration (*Independent Study*)
- 12. Understanding ASFA (Adoption and Safe Families Act) for CASAs
- 13. Understanding the Mindset of Family First: Alia Seminar (*Independent Study*)
- 14. Working with Incarcerated Parents and the Correctional System (*Independent Study*)

Child Development

1. Attachment Vitamins: Child Development, Attachment, Stress and Trauma (*Independent Study*)
2. Child Neglect: What is the science of it and its Impact
3. How Your Interactions with Children Can Build Brains (*Independent Study*)
4. Infant Communication “Talk with Me Baby” (*Independent Study*)
5. Reasonable and Prudent Parenting Standard Public Law 113-183
6. The Impact of Interpersonal Trauma in Early Childhood and Ways We Can All Help (*Independent Study*)
7. Understanding Relationships and their Importance to Early Childhood Development (National CASA Webinar) (*Independent Study*)
8. What is Early Childhood Development? A Guide to the Science (*Independent Study*)

Transitional Age Youth

1. Adolescent Trauma and Substance Abuse (*Independent Study*)
2. Aftercare Services- Changes 2020 (*Independent Study*)
3. AMP: Achieving Maximum Potential (*Independent Study*)
4. APPLA and Transitioning Youth Public Law 113-183
5. Bullying and Cyberbullying (National CASA Webinar) (*Independent Study*)
6. Casey Life Skill Assessment
7. Collaborative Strategies to Improve Outcomes for Adolescents Affected by Substance Use Disorders and Child Welfare (National CASA Webinar) (*Independent Study*)
8. “Congratulations. You are Aging Out of Foster Care” Documentary (*Independent Study*)
9. Fostering Futures: Advocating for Youth Transitioning to Adulthood
10. HHS Transition Planning Services for Youth (*Independent Study*)
11. Homeless Youth and Trauma (*Independent Study*)
12. Iowa Aftercare Services (*Independent Study*)
13. Reasonable and Prudent Parenting Standard Public Law 113-183
14. Talking Wall: Listening to the Voices that Matter Most (*Independent Study*)
15. Transition Planning Specialist and Planning Overview
16. Transition Planning Services DHHS (*Independent Study*)

17. Youth Transition Decision Making Meetings YTDM

Human Trafficking

1. Child Trafficking Part 1: Risks and Signs (*National CASA Training-Independent Study and In Person session*)
2. Child Trafficking Part 2: Working with Survivors (*National CASA Training-Independent Study and In Person session*)
3. Human Trafficking and High-Risk Child and Youth Victims (*National CASA Webinar (Independent Study)*)
4. Human Trafficking Public Law 113-183
5. Human Trafficking: What You Need to Know to Keep Youth Safe Online (*National CASA Webinar (Independent Study)*)

Behavioral Health Issues

1. ADD: Understanding the basics
2. ADD among children
3. Autism
4. Autism Spectrum Disorder
5. Behavioral Health: Key Issues in Child Welfare (*Independent Study*)
6. Bipolar Disorder among children
7. Depression 101
8. Impact of Parental Mental Illness (*Independent Study*)
9. ODD in children

Intimate Partner Violence

1. Intersection of Substance Abuse and Domestic Violence (*National CASA Webinar (Independent Study)*)
2. Intimate Partner Violence: Key Issues in Child Welfare (*Independent Study*)
3. Traumatic Brain Injury, Intimate Partner Violence and SUD (*Independent Study*)
4. What about Me? The Impact of Domestic Abuse on Parents and Children (*Independent Study*)

Substance Use

1. Addiction- PBS NOVA film (*Independent Study*)
2. Adolescent Trauma and Substance Abuse (*Independent Study*)
3. At Greater Risk- The Intersection of ACEs and Addiction (*Independent Study*)
4. Attachment, Trauma and Neurobiology of Opioid Use (*Independent Study*)
5. Collaborative Strategies to Improve Outcomes for Adolescents Affected by Substance Use Disorders and Child Welfare (National CASA Webinar) (*Independent Study*)
6. Core Drug Endangered Children (DEC) Awareness (*National CASA Webinar (Independent Study)*)

7. Differing Shades of Shame in Substance Use Disorders *(Independent Study)*
8. Dopesick Hulu Mini Series *(Independent Study)*
9. Dopesick: The Book Club
10. Drug Identification and Trends *(NCASA Webinar Independent Study)*
11. Session 1 Embracing Pregnant and Parenting Families Challenged with SUD: The Brain, Substance Use Disorders & Parenting: A Health Care Professional's Guide to Universal Screening Practices *(Independent Study)*
12. Session 2 Embracing Pregnant and Parenting Families Challenged with SUD: Evidence-Based Treatment, Neonatal Opioid Withdrawal & Supporting the Infant-Parent Relationship *(Independent Study)*
13. Session 3 Embracing Pregnant and Parenting Families Challenged with SUD: Stigma, Language & Implicit Bias: Moving Toward Becoming a Stigma Free Provider *(Independent Study)*
14. Intersection of Substance Abuse and Domestic Violence *(NCASA Webinar Independent Study)*
15. Pregnancy and Substance Use Disorder *(Independent Study)*
16. Substance Abuse: An Introduction as a Disorder Part 1 *(NCASA Webinar Independent Study)*
17. Substance Abuse: A Family Centered Approach Part 2 *(NCASA Webinar Independent Study)*
18. Substance Abuse and Child Welfare Part 3 *(NCASA Webinar Independent Study)*
19. Substance Use Disorders-Key Issues in Child Welfare *(Independent Study)*
20. Traumatic Brain Injury, Intimate Partner Violence and SUD *(Independent Study)*
21. Traumatic Brain Injury & SUD: Overview of Brain Injury and the Intersection with Addictions *(Independent Study)*
22. Traumatic Brain Injury & SUD: Implications of Brain Injury & Addiction *(Independent Study)*
23. Understanding Substance Use Disorders *(Independent Study)*
24. Why is Meth So Addictive *(Independent Study)*
25. Working with Families Facing Addiction *(Independent Study)*

Recognizing Abuse and Neglect

1. Child Neglect: What is the science of it and its Impact
2. Child Sexual Trauma *(Independent Study)*
3. Child Trafficking Part 1: Risks and Signs *(National CASA Training-Independent Study and In Person session)*
4. Child Trafficking Part 2: Working with Survivors *(National CASA Training-Independent Study and In Person session)*
5. Defining Abuse and Neglect: Indicators and Risk Factors
6. Human Trafficking: Public Law 113-183
7. Human Trafficking and High-Risk Child and Youth Victims *(National CASA Training-Independent Study and In Person session)*

8. Human Trafficking: What You Need to Know to Keep Youth Safe Online- NCASA Webinar *(Independent Study)*
9. Sexual Abuse
10. What is Abuse and Neglect in Iowa?

Self-Care

1. How to be Resilient in a Pandemic, and Beyond- NCASA Webinar *(Independent Study)*
2. How Do We Manage Our Secondary Trauma, Burnout and Compassion Fatigue During COVID-19 Essential Tools from a Trauma Expert- NCASA Webinar *(Independent Study)*
3. Trauma in Human Service Workers & Self-Care *(Independent Study)*

Trauma Informed Advocacy 2.0

1. Adolescent Trauma and Substance Abuse *(Independent Study)*
2. Attachment Vitamins: Child Development, Attachment, Stress and Trauma *(Independent Study)*
3. Becoming Trauma Responsive-Documentary *(Independent Study)*
4. Emotional Literacy and Trauma *(Independent Study)*
5. Homeless Youth and Trauma *(Independent Study)*
6. Loss and Grief after Trauma *(Independent Study)*
7. Trauma, the Brain and Relationships *(Independent Study)*
8. Trauma in Children *(Independent Study)*
9. Trauma in Human Service Workers & Self-Care *(Independent Study)*
10. Traumatic Separation in Child Welfare and Kinship Care Systems *(Independent Study)*
11. The Impact of Interpersonal Trauma in Early Childhood and Ways We Can All Help *(Independent Study)*
12. Understanding the Mindset of Family First: Alia Seminar *(Independent Study)*
13. Working with Parents with Trauma Histories *(Independent Study)*

Please contact your Local Coordinator to participate in one of the available trainings.